

Local Wellness Policy Assessment (bolded)

Knox County Schools, TN 8/2020

The Smart Snacks in School nutrition standards are developed for foods and beverages sold or offered for sale during the school day in schools that include students in grades pre-kindergarten through 12.

Knox County Schools Nutrition Department has continued to work with schools to assess compliance of foods and beverages sold to students during the school day.

Activities for promoting nutrition will include:

1. Taste test opportunities for students;
2. Student survey groups; and
3. Posting nutrition and health posters in school cafeterias.

Students from various schools across the district were invited to our local chapter's annual food show on September 12, 2019. Students participated in taste tests, and then provided survey results based on their feedback of the items sampled. Five school cafeterias were provided breakfast carts to facilitate multiple points of service for breakfast.

Good nutritional habits shall be encouraged. A la carte items should meet the Smart Snacks in School criteria as provided by USDA.

All a la carte items sold by school cafeterias are analyzed using the Healthier Generation Smart Snack Calculator. The School Nutrition Department implemented the USDA flexibility to serve meals at no cost to students in an effort to increase participation and easier access to nutritious meals.